नेपाल सरकार
गृह मन्त्रालय
प्रहरी प्रधान कार्यालय
(मानवश्रोत एवं प्रशासन विभाग, भर्ना तथा छनौट महाशाखा)
नक्साल, काठमाण्डौं ।

प्राबिधिक प्रहरी नायव उपरीक्षक (चिकित्सक) कन्सल्टेन्ट डर्माटोलोजी (MD Dermatology) समूहको खुला प्रतियोगितात्मक परीक्षाको पाठ्यक्रम ।

पाठ्यक्रमको रुपरेखा:- यस पाठ्यक्रमको आधारमा निम्नानुसार दुई चरणमा परिक्षा लिईने छ :-

प्रथम चरण:- लिखित परीक्षा (Written Examination) **पूर्णाङ्क** :- २५०
द्वितीय चरण:- अन्तरवार्ता (Interview) **पूर्णाङ्क** :- ३५

प्रथम चरण:- लिखित परीक्षा योजना (Examination Scheme)

Paper	Subject	Part	Marks	Full Marks	Pass Marks	No. and Weight of Question	Time
प्रथम	Hospital Administration, Management and General Health Issues	I-Hospital Administration and Management	10	50	20	5X2=10 (Short Answer)-1	2.00 hrs.
		II- General Health Issues	40			2X15=30 (Long Answer) 1X10=10 (Long Answer)	
द्वितीय	Service Specific	I-General Subject	25	150	60	1X15=15 (Critical Analysis) 1X10=10 (Long Answer)	4.00 hrs
		II- Technical Subject	125			4X20=80 (Critical Analysis) 3X15=45 (Problem Solving)	
तृतीय	नेपाल प्रहरी सेवा सम्वन्धी	नेपाल प्रहरी सेवा सम्वन्धी	१०	५०	२०	बस्तुगत बहुउत्तर १०×१ = १०	१ घण्टा १० मिनेट
			४०			विषयगत लामो उत्तर १×१० = १० छोटो उत्तर ६×५ = ३०	

द्वितीय चरण (Second Phase):-

परीक्षाको किसीम	पूर्णाङ्क	परीक्षा प्रणाली
ब्यक्तिगत अन्तरवार्ता	३५	मौखिक

द्रष्टव्य:

१) लिखित परीक्षाको प्रश्नहरू अंग्रेजी भाषामा हुनेछन् र उत्तर लेख्दा नेपाली वा अंग्रेजी अथवा नेपाली अंग्रेजी दुवै भाषामा लेख्न सकिनेछ।

२) पाठ्यक्रममा भएका यथासंम्भव सबै पाठ्यांशहरुबाट प्रश्न सोधिनेछन्।

३) बस्तुगत बहुउत्तर (Multiple Choice) प्रश्नहरुको उत्तर सही दिएमा प्रत्येक सही उत्तर बापत पुरा अङ्क प्रदान गरिनेछ भने गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत २०% अङ्क कट्टा गरिनेछ। तर उत्तर नदिएमा त्यस बापत अङ्क दिइने छैन र अङ्क कट्टा पनि गरिने छैन।

४) प्राबिधिक प्रहरी नायब उपरिक्षकहरूको खुल्ला प्रतियोगिताको प्रथम पत्रको परीक्षा सबै उपसमुहलाई संयुक्त रूपमा एकै प्रश्नपत्रबाट एकैदिन हुनेछ।

५) द्वितीय पत्रको परीक्षा समुह/उपसमुह अनुसार छुट्टाछुट्टै एकैदिन हुनेछ।

६) तृतीय पत्रको परीक्षा सबै उपसमुहहरूलाई सयुक्त रूपमा एकै प्रश्नपत्रबाट एकैदिन हुनेछ।

७) प्रथम पत्रको Part I को उत्तर पुस्तिका एउटा मात्र हुनेछ भने Part I र द्वितीय पत्रको दुवै Part का लागि प्रत्येक प्रश्नको उत्तरपुस्तिकाहरू छुट्टाछुट्टै हुनेछन्।

८) यस पाठ्यक्रममा जे सुकै लेखिएको भएतापनि पाठ्यक्रममा परेका ऐन, नियमहरू, परीक्षाको मितिभन्दा ३ महिना अगाडि (संशोधन भएका वा संशोधित भई हटाइएका वा थप गरी संशोधित भई कायम रहेका) लाई यस पाठ्यक्रममा परेको सम्झनु पर्दछ।

९) अन्तरवार्ताको अंकभार सम्बन्धमा प्रहरी सेवाको पदमा नियुक्ति र वढुवा गर्दा अपनाउनु पर्ने सामान्य सिद्धान्त २०६९ को अनुसुची-१९ मा ब्यबस्था भए बमोजिम हुनेछ।

१०) पाठ्यक्रम लागू मिति:- २०७८/०५/०१ गते।

नेपाल प्रहरी

प्राविधिक प्रहरी नायव उपरीक्षक (चिकित्सक) कन्सल्टेन्ट डर्माटोलोजी (MD Dermatology) पदको खुला प्रतियोगितात्मक परीक्षाको प्रथम पत्रको पाठ्यक्रम

Paper I: Hospital Administration, Management and General Health Issues

Part I: Hospital Administration and Management

1. **Introduction to Management**
   1.1 Management Process
   1.2 Managerial Roles & Skills
   1.3 Nature of Managerial work
2. **Environmental Context**
   2.1 The external environment
   2.2 The internal environment
   2.3 Organizational Culture
   2.4 Organization environmental Relationship
   2.5 Environmental – organizations effectiveness
3. **Managing Interpersonal & Communication**
   3.1 Interpersonal nature of Organization
   3.2 Forms of Communication
   3.3 Managing Organizational Communication
4. **Planning & Organizing**
   4.1 Planning process
   4.2 Organizational goal
   4.3 Kinds of Organizational Plans
   4.4 Time frames for planning
5. **Concept of Hospital Planning**
   5.1 Information and concept of Hospital planning
   5.2 Guiding Principles in Planning Hospital facilities & services
   5.3 Concept of Hospital unitization and its influencing factor
   5.4 Master plan
6. **Background of Hospital**
   6.1 Distinguishing Characteristics of Hospital
   6.2 Complexities of Hospital
   6.3 Organogram of the Hospital
   6.4 Governing Board and its functions
7. **Quality / Customer Service and Measuring Quality**
   7.1 Define Customer and Identify Customers
   7.2 Domains of Quality
   7.3 Customer Experience: Core Service & Delivery of Service
   7.4 Excellent Customer Service; Caring Service
   7.5 Individual Behavior: Stress, Communication and Interpersonal Relationship
8. **Patient Satisfaction and Quality Audit**
   8.1 Setting Objectives and Agreeing upon Standards
   8.2 Assessment of Patient Satisfaction
   8.3 Feedback: Customers, Staff, Suppliers etc.
   8.4 Quality Audit and Review Techniques
9. **Hospital Store, Planning & Distribution**
   9.1 Definitions, Objectives, Importance
   9.2 Material cycle
   9.3 Integrative Material Management

9.4 Factors Affecting & types for distribution

10. Miscellaneous

10.1 Problem solving & decision making models
10.2 Procurement, Receipt & Inspection in Hospital store
10.3 Equipment planning, selection, utilization
10.4. Import, maintenance & Audit of Hospital Equipments

Part II: General Health Issues

1. National Health Policy, 2076
2. Guideline for Health Institutions Established Upgrade standard, 2070(Updated Version)
3. Health and Human Right including Women's Right, Children's Right, Professional's Right, Client Right and Informed Consent
4. Gender Issues and Health
5. International Health Agencies: Role and Responsibilities of WHO, UNICEF, UNFPA and Interagency Relationships
6. Professional Council and Related Regulations
7. Medical Ethics
8. Health Management Information System (HMIS)
9. Health Insurance and Financing in Health Care
10. Continue medical Education (CME)

नेपाल स्टडी

प्राविधिक प्रहरी नायव उपरीक्षक (चिकित्सक) कन्सल्टेन्ट डर्माटोलोजी (MD Dermatology) पदको खुला प्रतियोगितात्मक परीक्षाको द्वितीय पत्रको पाठ्यक्रम ।

Paper II: Service Specific

Part I: General Subject

1. Training, Research and Development
2. Development of human resource in Dermatology Venereology and Leprosy.
3. Research and dissemination of research.
4. Participate actively in conferences seminars and meetings both national and international by presenting papers, by acting as chairperson or commentator and also by organizing such activities.
5. Contribute in educating the general public on issues.
6. Miscellaneous:
    - 6.1. Diagnose and manage independently the skin diseases including the emergencies.
    - 6.2. Carry out the activities for preventions and better Management for skin and sexually transmitted diseased patients as dictated by personal conscience.

Part II: Technical Subject

A. Dermatology

1. Anatomy and organization of human skin.
2. Function of the skin in general and specific cutaneous pathology.
3. Histopathology of the skin in general and specific cutaneous pathology.
4. Genetics and genodermatoses.
5. Clinical immunology and allergy
6. Genetics and genodermatoses.
7. Prenatal diagnosis of skin diseases.
8. The neonate.
9. Naevi and other development defects.
10. Pruritus.
11. Eczema, lichenification, prurigo and erythroderma.
12. Atopic dermatitis
13. Contact dermatitis
14. Irritants and sancitizers.
15. Occupational dermatosis.
16. Reaction to cold, mechanical and thermal injury.
17. Viral infections.
18. Bacterial and mycobacterial infections.
19. Fungal, Parasitic worms and protozoal infection of skin.
20. Skin diseases caused by Arthropodes and noxious animals.
21. Disorders of keratinization.
22. Psoriasis.
23. Skin tumours.
24. Disorder of skin colour
25. Bullous diseases of the skin
26. Lichen planus and lichenoid disorders.
27. Disorders of sebaceous and sweat glands.
28. Connective tissue disorders of skin.

29. Disorders of blood vessels related to skin.
30. Rosecia, flushing and perioral dermatitis.
31. Urticaria.
32. Purpura
33. Cutaneous vasculitis.
34. Necrobiotic disorders and leg ulcers.
35. Histocytoses
36. Mastocytoses
37. Lymphomas, pseudo-lymphomas and leukaemias
38. Metabolic and nutritional disorders.
39. Sarcoidosis
40. Skin and systemic diseases.
41. Reiter's disease.
42. Psychocutaneous disorder
43. Nail disorder.
44. Hair disorder
45. Pediatric dermatology
46. Skin and the eyes
47. The ages of man and their dermatoses.
48. The oral cavity disorders.
49. The external ear disorders
50. General aspects of treatment and systemic and topical therapy.
51. Drug reaction
52. Cutaneous-surgery
53. Recent advances in Dermatology

B. Venereology
1. Sexually Transmitted Infections.
2. AIDS
3. Syndromic approach to STI
4. Recent Advances.

C. Leprosy
1. WHO policies regarding Leprosy control
2. National policies regarding Leprosy control
3. Recent advances in Leprosy management

-समाप्त-