

नेपाल सरकार  
गृह मन्त्रालय  
प्रहरी प्रधान कार्यालय  
(मानवश्रोत एवं प्रशासन विभाग, भर्ना तथा छनौट महाशाखा)  
नक्साल, काठमाण्डौ ।

प्राबिधिक प्रहरी नायव निरीक्षक (सिभिल ईन्जिनियरीङ्ग समूह, आर्कीटेक्चरल उप-समूह) को खुला प्रतियोगितात्मक लिखित तथा मौखिक परीक्षाको पाठ्यक्रम ।

पाठ्यक्रमको रूपरेखा:- यस पाठ्यक्रमको आधारमा निम्नानुसार दुई चरणमा परीक्षा लिईने छ :-

प्रथम चरण:- लिखित परीक्षा (Written Examination)

पूर्णाङ्क:- १५०

द्वितीय चरण:- अन्तरवार्ता (Interview)

पूर्णाङ्क:- २५

प्रथम चरण:- लिखित परीक्षा योजना (Examination Scheme)

पत्र	विषय	पूर्णाङ्क	उत्तीर्णाङ्क	परीक्षा प्रणाली	प्रश्न संख्या र अङ्कभार	समय
प्रथम	सम्बन्धित विषय सम्बन्धी	१००	४०	बस्तुगत बहुउत्तर (Multiple Choice)	५०×२=१००	४५ मिनेट
द्वितीय	नेपाल प्रहरी सेवा सम्बन्धी	५०	२०	बस्तुगत बहुउत्तर	१०×१=१०	१ घण्टा १० मिनेट
				विषयगत	लामो उत्तर १×१०=१० छोटो उत्तर ६×५=३०	

द्वितीय चरण

विषय	पूर्णाङ्क	परीक्षा प्रणाली
अन्तरवार्ता	२५	मौखिक

१. पाठ्यक्रमका एकाईवाट निम्नानुसार प्रश्नहरू सोधिनेछन्:-

Part	I Civil Engineering				II Building				III Architecture		
एकाई	१	२	३	४	५	६	७	८	९	१०	११
प्रश्न संख्या	५	४	३	३	३	४	३	५	८	६	६

२. बस्तुगत बहुउत्तर (Multiple Choice) प्रश्नहरूको उत्तर सही दिएमा प्रत्येक सही उत्तर बापत २ (दुई) अङ्क प्रदान गरिनेछ भने गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत २० प्रतिशत अर्थात् ०.४ अङ्क कट्टा गरिने छ । तर उत्तर नदिएमा त्यस बापत अङ्क दिइने छैन र अङ्क कट्टा पनि गरिने छैन ।
३. यस पाठ्यक्रममा जेसुकै लेखिएको भएता पनि पाठ्यक्रममा परेका ऐन, नियमहरू परीक्षाको मिति भन्दा ३ महिना अगाडि (संशोधन भएका वा संशोधन भई हटाइएका वा थप गरी संशोधन भइ) कायम रहेकालाई यस पाठ्यक्रममा परेको सम्झनु पर्दछ ।
४. द्वितीय पत्र नेपाल प्रहरी सेवा सम्बन्धमा सोधिने प्रश्न संख्या द्वितीय पत्रको पाठ्यक्रममा उल्लेख गरिएको छ ।
५. लिखित परीक्षामा उत्तिर्ण परीक्षार्थीलाई मात्र अन्तरवार्तामा सहभागी गराइने छ ।
६. अन्तर्वार्ताको अंकभार सम्बन्धमा प्रहरी सेवाको पदमा नियुक्ति र बढुवा गर्दा अपनाउनु पर्ने सामान्य सिद्धान्त, २०६९ को अनुसूची-१९ मा व्यवस्था भए बमोजिम हुने छ ।
७. पाठ्यक्रम लागू हुने मिति:- २०७५/१०/२३ गते ।

## **Part I Civil Engineering**

**(30%)**

### **1. Drawing**

**(30%)**

#### 1.1 General

- 1.1.1 Importance, aims and objectives of drawing
- 1.1.2 Drawing equipments
- 1.1.3 Architectural discipline
- 1.1.4 Standard drawing sheets/sizes
- 1.1.5 Drafting techniques and methods in common practice
- 1.1.6 Scales: Choice, use and conversion

#### 1.2 Measured Drawing

- 1.2.1 Methods of measurement of horizontal and vertical dimensions
- 1.2.2 Sectional measurements
- 1.2.3 Dimensioning of sketches
- 1.2.4 Checking for missing details in field

#### 1.3 Working Drawing

- 1.3.1 Role of working drawing
- 1.3.2 Interrelationship with estimate and specification
- 1.3.3 Construction detailing in plan and section
- 1.3.4 Significance of detailing in terms of accuracy of estimation, bill of quantities and construction supervision
- 1.3.5 Working drawing for private and public buildings, sanitary installation, electrification
- 1.3.6 Structural working drawings

### **2. Estimating and Costing**

**(30%)**

#### 2.1 General

- 2.1.1 Purpose of estimating
- 2.1.2 Main items of work
- 2.1.3 Units of measurement and payment of various items of work and materials
- 2.1.4 Degree of accuracy
- 2.1.5 Standard estimate formats of Government of Nepal
- 2.1.6 Data for estimate
- 2.1.7 Preliminary estimate
- 2.1.8 Approximate quantity estimate
- 2.1.9 Detailed estimate
- 2.1.10 Revised estimate

#### 2.2 Rate Analysis

- 2.2.1 Manufactures' cost
- 2.2.2 Transportation cost
- 2.2.3 Overheads
- 2.2.4 Need for contingencies
- 2.2.5 Use of Government Rate Analysis Norms

#### 2.3 Specifications

- 2.3.1 Purpose

- 2.3.2 Types
- 2.3.3 Necessity
- 2.3.4 Interpretation of Specifications
- 2.4 Estimating
  - 2.4.1 Earthwork
  - 2.4.2 Estimate of buildings
  - 2.4.3 Estimate of sanitary installations
  - 2.4.4 Estimate of electrical wiring and sanitary works
  - 2.4.5 Annual maintenance
- 2.5 Valuation
  - 2.5.1 Purpose of valuation
  - 2.5.2 Methods of valuation
  - 2.5.3 Standard formats used for Property Valuation in Nepal

### **3. Management**

(20%)

- 3.1 Organization
  - 3.1.1 Need for organization
  - 3.1.2 Building agencies
  - 3.1.3 Structure of the Department of Urban Development and Building construction
  - 3.1.4 Responsibilities of a building sub engineer
  - 3.1.5 Relation between owner, contractor and consultant
- 3.2 Accounts
  - 3.2.1 Familiarity with related Nepalese accounting system
  - 3.2.2 Administrative approval and technical sanction
- 3.3 Planning and Control
  - 3.3.1 List of activities
  - 3.3.2 Construction schedule
  - 3.3.3 Equipment and materials schedule
  - 3.3.4 Construction stages and operations
  - 3.3.5 Bar Chart
- 3.4 Municipal Building By-laws
  - 3.4.1 Sheet sizes
  - 3.4.2 Scales
  - 3.4.3 Setback
  - 3.4.4 Height controls
  - 3.4.5 Other requirements specifies by the municipalities
  - 3.4.6 FAR

### **4. Building Service**

(20%)

- 4.1 Water Supply
  - 4.1.1 General principle of water supply
  - 4.1.2 Water requirement standard for different buildings
  - 4.1.3 Storage and distribution of water
  - 4.1.4 Heating of water, storage and distribution requirements
- 4.2 Disposal system
  - 4.2.1 Septic tank, soak pit, vent and manhole
  - 4.2.2 Pipes for different sewage
  - 4.2.3 Incinerators
- 4.3 Electricity
  - 4.3.1 General principles of electrical installation and distribution
  - 4.3.2 Wiring systems in private and public building

- 4.3.3 Ducts for electrical distribution
- 4.3.4 Safety precautions
- 4.4 Lighting
  - 4.4.1 General principles of lighting
  - 4.4.2 Illumination requirements and standards
  - 4.4.3 Combination of artificial and natural light
  - 4.4.4 Lighting fixtures

## **Part II Building**

**(30%)**

### **5. Surveying**

**(20%)**

- 5.1 General
  - 5.1.1 Primary divisions of survey
  - 5.1.2 Classification based on instruments and on methods
  - 5.1.3 Basic principle of surveying
  - 5.1.4 Scales, plans and maps
  - 5.1.4 System of field booking of surveying and levelling data
  - 5.1.5 Theodolite survey
- 5.2 Levelling
  - 5.2.1 Classification of levelling work
  - 5.2.2 Methods of levelling
  - 5.2.3 Levelling instruments and accessories
  - 5.2.4 Principles of levelling
  - 5.2.5 Temporary and permanent adjustments of a level
  - 5.2.6 Profile levelling
  - 5.2.7 Booking and reducing levels
- 5.3 Errors and their effects
  - 5.3.1 Kinds of errors
  - 5.3.2 Source of errors in chaining, levelling, plane tabling and compass surveying
  - 5.3.3 Effects of errors
- 5.4 Plane Tabling
  - 5.4.1 Equipments used
  - 5.4.2 Working operations
  - 5.4.3 Methods of plane tabling
  - 5.4.4 Merits and demerits of plane tabling
- 5.5 Contouring
  - 5.5.1 Definitions of terms
  - 5.5.2 Use contour maps
- 5.6 Setting out
  - 5.6.1 Small buildings
  - 5.6.2 Simple curves
  - 5.6.3 Locating the boundaries of farm lands

### **6. Construction Materials**

**(30%)**

- 6.1 Stone
  - 6.1.1 Rocks and their characteristics
  - 6.1.2 Formation and availability of stones in Nepal
  - 6.1.3 Quarrying: excavation, Wedging and blasting
  - 6.1.4 Methods of laying and construction with various stones
- 6.2 Aggregates
  - 6.2.1 Fine aggregates

- 6.2.2 Coarse aggregates
- 6.2.3 Availability and practice in Nepal
- 6.3 Cement
  - 6.3.1 Different cements: ingredients, properties and manufacture
  - 6.3.2 Storage and transport
  - 6.3.3 Admixtures
- 6.4 Metals and Alloys
  - 6.4.1 Wrought iron: Properties, use
  - 6.4.2 Steel: composition, properties, appearance, strength, constructional forms and manufacture
  - 6.4.3 Corrosion and its prevention
  - 6.4.4 Brass: uses
- 6.5 Brick
  - 6.5.1 Type
  - 6.5.2 Manufacture
  - 6.5.3 Laying
  - 6.5.4 Availability and practice in Nepal
- 6.6 Lime
  - 6.6.1 Manufacture
  - 6.6.2 Types and properties
  - 6.6.3 Uses
- 6.7 Paints and Varnishes
  - 6.7.1 Type and selection
  - 6.7.2 Preparation techniques
  - 6.7.3 Uses
- 6.8 Floor Finishes
  - 6.8.1 Punning
  - 6.8.2 Tiles: mosaic, clay, concrete, vinyl
  - 6.8.3 Marble and flagstones
  - 6.8.4 Wooden boarding and parqueting
- 6.9 Wall Finishes
  - 6.9.1 Plasters: cement, lime, mud
  - 6.9.2 Punning: cement, lime
  - 6.9.3 Cladding: wood, stone, tiles
- 6.10 Roofing Materials
  - 6.10.1 Clay tiles, ceramic tiles and states
  - 6.10.2 CGI and UPVC
- 6.11 Miscellaneous Materials
  - 6.11.1 Glass
  - 6.11.2 Plastics
  - 6.11.3 Asphalt and Bitumen
  - 6.11.4 Surkhi

## **7. Structural Design**

**(20%)**

- 7.1 Timber Structures
  - 7.1.1 Allowable stresses
  - 7.1.2 Design of compression members
  - 7.1.3 Design of solid rectangular beams, design of simple steel beams
  - 7.1.4 Types of joints and their connections
- 7.2 Steel Structures
  - 7.2.1 Rivetted and welded connections: types, uses, detailing
  - 7.2.2 Detailing of simple roof trusses

- 7.2.3 Detailing of rolled steel beams
- 7.2.4 Detailing of column bases
- 7.3 R.C. Sections in Bending
  - 7.3.1 Basis assumptions
  - 7.3.2 Position of neutral axis
  - 7.3.3 Moment of resistance
  - 7.3.4 Under reinforced, over reinforced and balanced sections
  - 7.3.5 Analysis of singly and doubly reinforced rectangular sections
  - 7.3.6 Analysis of singly reinforced flanged sections
- 7.4 Shear and Bond for Reinforced Concrete (RC) Sections
  - 7.4.1 Behaviour of R.C. section in shear
  - 7.4.2 Shear resistance of R.C. section
  - 7.4.3 Types of shear reinforcement and their design
  - 7.4.4 Local and anchorage bond
  - 7.4.5 Determination of anchorage length
  - 7.4.6 Bar curtailment
- 7.5 Axially Loaded R.C
  - 7.5.1 Short and long columns
  - 7.5.2 Design of a rectangular column section
  - 7.5.3 Reinforcement detailing
- 7.6 Design and Detailing of R.C Structures
  - 7.6.1 IS code requirements
  - 7.6.2 Methods of design
  - 7.6.3 Singly reinforced T and L beams
  - 7.6.5 Simple one-way and two-way slabs
  - 7.6.6 Simple pad footings for columns
  - 7.6.8 Preparation of bar bending for RC design
- 7.7 Earthquake Resistant Design of Non-engineered Structures
  - 7.6.1 History of Earthquake in Nepal and damages
  - 7.6.2 Weakness of existing building
  - 7.6.3 Site consideration
  - 7.6.4 Building form, shape and size
  - 7.6.5 Size and location of openings
  - 7.6.6 Selection of materials
  - 7.6.7 Construction technology
  - 7.6.8 Seismic resistant components: through stone, vertical and horizontal reinforcement, diaphragm, boxing of building, lateral restrainers, unsupported length of wall, corner and junction of wall/connection of building components

## **8. Building Construction Technology**

**(30%)**

- 8.1 Foundations
  - 8.1.1 Function and necessity
  - 8.1.2 Subsoil exploration: test pit
  - 8.1.3 Safe bearing capacity of soils and its improvement
  - 8.1.4 Type and suitability of different foundations: shallow, deep (pile and well)
  - 8.1.5 Methods of excavating
  - 8.1.6 Shoring and dewatering
  - 8.1.7 Elements of simple spread foundation
  - 8.1.8 Stone masonry foundations
  - 8.1.9 Raft foundation
- 8.2 Walls

- 8.2.1 Types of walls: solid wall, partition wall, cavity wall, curtain wall
- 8.2.2 Features and their functions
- 8.2.3 Types of stone masonry: rubble, hammer dressed and ashlar masonry
- 8.2.4 Brick Masonry: English, Flemish, garden rat trap, monk
- 8.2.5 Types of concrete blocks
- 8.2.6 Choosing wall thickness, height to length relation
- 8.2.7 Use of scaffolding
- 8.2.8 Procedure of constructing various masonry walls
- 8.3 Damp Proofing
  - 8.3.1 Source of dampness
  - 8.3.2 Remedial measures to prevent dampness
  - 8.3.3 Vertical and horizontal damp proofing
  - 8.3.4 Damp proofing materials
- 8.4 Concrete Technology
  - 8.4.1 Constituents, mixing and use of lime concrete
  - 8.4.2 Constituents, of cement concrete
  - 8.4.3 Grading of aggregates
  - 8.4.4 Concrete mixes
  - 8.4.5 Water cement ratio
  - 8.4.6 Workability
  - 8.4.7 Concrete laying
  - 8.4.8 Factors affecting strength of concrete
  - 8.4.9 Form work
  - 8.4.10 Vibrators
  - 8.4.11 Curing
  - 8.4.12 General introduction to Precast RC units
  - 8.4.13 Hydration and segregation
- 8.5 Wood Work
  - 8.5.1 Frame and shutters of doors and windows
  - 8.5.2 Timber construction of upper floors
  - 8.5.3 Design and construction of stairs
  - 8.5.4 Double timber roofs
  - 8.5.5 False ceiling
  - 8.5.6 Sky-light: elements, functions and construction details
- 8.6 Steel Work
  - 8.6.1 Steel work in windows: Standards, elements and functions
  - 8.6.2 Tubular and angle steel roofs
  - 8.6.3 Iron grill and lattice work

### **Part III Architecture -Maintenance of building**

(30%)

#### **9. Building Design**

(40%)

- 9.1 Analysis of Building Elements
  - 9.1.1 Bed
  - 9.1.2 Kitchen/Dining
  - 9.1.3 Living Hall
  - 9.1.4 Class Room
  - 9.1.5 Working Office Space
  - 9.1.6 Library
- 9.2 Design Consideration
  - 9.2.1 Specific program: space requirements



- 9.2.2 Site: topography, orientation, environment
- 9.2.3 Functional relationship between activities
- 9.2.4 Culture: tradition, values, taste
- 9.2.5 Economics: efficient use of space and materials
- 9.2.6 Availability to technology and material
- 9.2.7 Structure type and efficiency
- 9.2.8 Optimum use of natural light and ventilation
- 9.2.9 Aesthetics
- 9.3 Climatology
- 9.3.1 Climate: sun, wind, rain, humidity
- 9.3.2 Orientation of the building with respect to the sun and wind: best, optimum, bad
- 9.3.3 Determination of length of roof projection to act as sunshade

## **10. Architectural Modelling**

**(30%)**

- 10.1 Modeling Materials and Practices
- 10.1.1 Use of models
- 10.1.2 Choice of materials
- 10.1.3 Modeling techniques
- 10.1.4 Accuracy of models
- 10.1.5 Determination of degree of detailing
- 10.1.6 Model construction of multi-storey buildings
- 10.1.7 Contour models of sites
- 10.2 Equipments Required
- 10.2.1 Choice of cutting tools
- 10.2.2 Choice of adhesives
- 10.2.3 Choice of colour and tone
- 10.2.4 Choice of paint and brushes
- 10.2.5 Miscellaneous tools

## **11. Graphics and presentation**

**(30%)**

- 11.1 Principles of Composition
- 11.1.1 Balance
- 11.1.2 Scale
- 11.1.3 Rhythm
- 11.1.4 Monotony
- 11.1.5 Contrast
- 11.1.6 Unity
- 11.1.7 Focal point
- 11.2 Tone
- 11.2.1 Light
- 11.2.2 Medium
- 11.2.3 Dark
- 11.2.4 Flat
- 11.2.5 Graded
- 11.3 Free Hand Works
- 11.3.1 Drawing lines
- 11.3.2 Drawing letters
- 11.3.3 Three dimensional objects
- 11.4 Presentation
- 11.4.1 Textures
- 11.4.2 Exterior and interior objects

- 11.4.3 Human figures
- 11.4.4 Shadows
- 11.5 Medium for Presentation
  - 11.5.1 Pencil techniques
  - 11.5.2 Colour history and type: pencil colour, water colour, Poster colour
  - 11.5.3 Primary, secondary and tertiary colours
  - 11.5.4 Warm and cool colours
  - 11.5.5 Properties of colour
  - 11.5.6 Colour circle
  - 11.5.7 Colour scheme: monochromatic, analogous, complementary and triad
- 11.6 Data Presentation in Graphical Forms
  - 11.6.1 Translation of numerical data into diagrams and vice versa
  - 11.6.2 Pie chart, bar chart and XY graphs
- 11.7 Cartography
  - 11.7.1 Tracing of land-use maps
  - 11.7.2 Presentation of land-use maps

-समाप्त-